

I Follow Good Advice

When we go to Confession, after we tell the priest our sins and tell God we are sorry, Father talks to us about things we can do to atone for our sins. Atone means to make things right again. Father will tell us what to do and help us learn not to commit these sins again. This is called our penance.



Doing our penance shows that we are truly sorry and will try not to sin again. Below is a list of sins followed by a list of possible penances. Can you match the sin to the penance? Put the correct letter in the box following each sin.

Sin

- I was giggling with my brother at Mass and didn't pay attention.
- I used the name of Jesus in anger.
- I fought with my best friend.
- I took my sister's new music box without asking.
- I disobeyed my mother.
- I told my friend his new jacket was dumb because I was jealous of it.

Penance

- A. Write an "I'm sorry" note to your mother.
- B. Tell your friend you are sorry you hurt his feelings.
- C. Say, "I'm sorry," to your sister and promise to ask her before you touch her things. Do something special for her.
- D. Learn this prayer and say it often: "Lord Jesus, I love your holy name."
- E. Listen carefully to the readings at Mass. Later, tell your parents what the readings were about.
- F. Tell your friend you are sorry for fighting. The next time you are together, play your friend's favorite game.