

# Team Sabados Tribune

February 10, 2012

Mrs. Sabados's 3<sup>rd</sup> Grade

Room 116

## Dates to Remember

Tues., Feb. 14 Valentine's Day  
\*\*Remember your cards!

Fri., Feb. 17 Half Day of  
School (Conferences in PM)

Mon., Feb. 20 No School  
Presidents' Day

Thurs., Feb. 23 School Board  
Meeting (7:00 SWMS)

Fri., Feb. 24 Six Flags  
Reading Forms Due

Mon., March 5 (week of)  
ISAT

## Contact Information

If you have any questions  
or concerns, PLEASE feel  
free to call:  
630-894-4226 or send an  
e-mail message to  
ksabados@esd20.org.

You can also view my website at:  
[www.teacherweb.com/IL/  
Waterbury/kdeirala/](http://www.teacherweb.com/IL/Waterbury/kdeirala/)

The classroom website has many  
interactive sites to help students to  
review concepts taught in class.

## Ways to Stop Build-Up to Prevent Acting Out

After our discussion about the Cycle of Anger,  
we generated a list of things that we can do when  
we get to the point where we think we may act  
out. Encourage your child to do one (or more) of  
these strategies when they get angry.

The students generated a list of things they can  
do to stop the cycle of anger. (See previous  
newsletter for more information.)

- play with a pet
- watch TV or a movie
- go outside
- play a game / toy
- take a bath
- take a nap
- ask someone to tickle you
- play with a sibling
- listen to calming music
- square breathing (Ask your child what this is!)
- count to ten
- hit a pillow
- have a snack
- go to a friend's house
- invite a friend to your house
- do homework
- read
- play on the computer

Encourage your child to do one of these things  
when they are feeling the emotions build up!

## Curriculum Information

**Reading:** Next week, the students will take the Theme 3 Integrated Theme Test. It covers asking questions as they read, summarizing, and other comprehension skills. They will also read informational text related to Presidents' Day. After that, the students will read passages similar to what they will find on the ISAT test. They will learn how to read the passage with a question in mind, in order to answer an extended response question. As a result, they will be more familiar with the test and it will be less intimidating on the testing days. They will also continue to practice other test-taking strategies that will be life-long skills for them.

**Math:** During the next few weeks, the students will work on a variety of skills. They are working in small groups to practice skills related to money (making change, counting coins, etc.). The students that understand the concepts are participating in challenge/extension activities. These skills can often be daunting to the students so the class will also study 3 dimensional shapes. Practice for these skills can be found on my website under CURRICULUM-RELATED MATH WEBSITES

**Social Studies/Science:** The students will finish learning about pulleys and take the end-of-the unit assessment. After social studies, they will learn about the geography of Chicago.

### **EXPLORE MORE DAY**

Jennifer Johnson, the Kindergarten Explore More Day chair is asking for any airtight (tops and bottom) recyclable containers that you may plan to recycle. They can be of any size. The collection bin is in front of Mrs. Smith's room. Items will be collected until the May 11<sup>th</sup>. Your help and donations are appreciated.

### **SIX FLAGS READING PROGRAM**

Just a reminder that the Six Flags Reading Program recording sheets are due Friday, February 24. Please complete all forms and return them to school by that date. You will receive the free Six Flags ticket in mid-May.

### **READ ACROSS AMERICA**

Our school will participate in Read Across America on Thursday, March 1. My class's event will take place in the morning. There are a few time slots available (They are approximate. The kids have P.E. and Library during that time also, which is why there are some unavailable times): 9:15-9:30, 9:35-9:50, 10:35-10:50, 11:00-11:15. Please call or send an email if you are interested.

