

Team Sabados Tribune

January 27, 2012

Mrs. Sabados's 3rd Grade

Room 116

Dates to Remember

Fri., Jan. 27 Movie Night 7:00

Sat., Feb. 4 Fun Fair 11a-3p
(Come find me at the games during the first half!!)

Tues., Feb. 7 PTO Meeting
WB Library

Fri., Feb. 17 Half Day of
School (Conferences in PM)

Mon., Feb. 20 No School
Presidents' Day

Fri., March 2 No School
Teacher Institute Day

Contact Information

If you have any questions or concerns, PLEASE feel free to call:

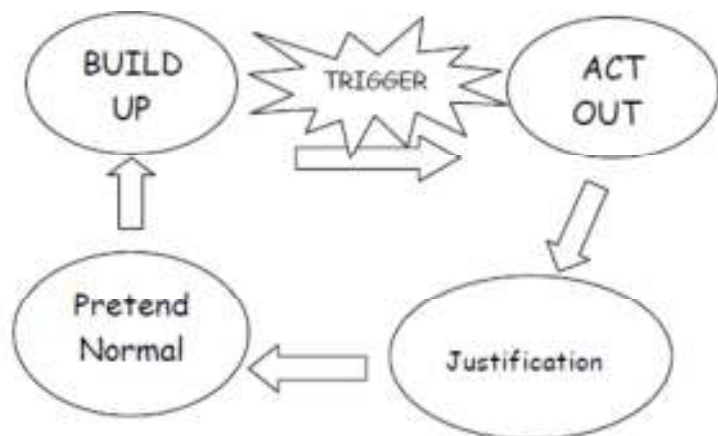
630-894-4226 or send an e-mail message to ksabados@esd20.org.

You can also view my website at: www.teacherweb.com/IL/Waterbury/kdeirala/

The classroom website has many interactive sites to help students to review concepts taught in class.

Cycle of Anger

At our class meeting, we talked about The Cycle of Anger. We talked about how this cycle occurs with people of all ages. We discussed how sometimes our days do not start out the way we planned. Maybe I woke up late, dropped my breakfast, missed the bus, etc. This is called **Buildup**. There are some events to leave me feeling upset. Then at school, a student opened his locker and I couldn't get to mine. Then I snapped! That is the **Trigger**. I yelled at him and pushed him. That is called **Acting Out**. Normally, I wouldn't have reacted that way, but after the buildup from earlier, I couldn't take it anymore. I thought it was ok to hit him because he was mean to me. That is **Justification**, giving a reason for my behavior. After that, I try to move on and try to get back to normal, as if nothing has happened. That is called **Pretend Normal**. Truly, I'm still upset and my buildup will continue, as will the cycle of anger. The goal is for the students (and adults!) to realize when the Build Up is occurring and know what to do when we feel it coming. At our next class meeting, we will discuss how to stop this cycle. Please look for that in the next newsletter.



Curriculum Information

Reading: We will read the next story in the Incredible Stories theme. It is called Raising Dragons. It is about a girl who finds a dragon egg and learns how to take care of the dragon that hatches.

We will focus on the following skills:

- * predicting
- * summarizing
- * fantasy vs. realism

Math: We will be finishing the fractions unit and will soon move to the concept of money. Students should be able to identify the coins and count money. They will add and subtract dollar amounts, make change, and solve word problems with money. To help them at home, invite the students to estimate the cost of items you are buying and calculate change.

Social Studies/Science: The students participated in experiments that showed how inclined planes help to make work easier. Next week, we will focus on levers.

MAP Testing

For the next two weeks, the MAP testing for our class will take place on WEDNESDAY mornings. On February 1, the students will take the Math test and on February 8, they will take the Language Usage test. Also, due to MAP testing, the library schedule has been changed. We will have library on WEDNESDAY.

Educational Apps

Many students have access to iPads, iPhones, iPod Touches, and other devices that use apps. Throughout the year, I hope to share some apps that the kids can use at home.

Word Games: Mad Libs: type parts of speech that later get inserted into a silly story

Scramble: a game like Boggle, click on letters to form words

Word Warp: manipulate letters to make words

Hangman: There are a few versions of this popular game.

Memory and Logic: Echo: like the game Simon, copy color patterns

Rush Hour: move cars around the puzzle in order to exit the red car

Visual Spatial: Tangrams: manipulate shapes to fill in a larger shape

Doodle: move shapes to fill a larger shape

Social Studies: On This Day: learn about events that occurred on this day in history

Stack States: answer trivia questions about states to earn states to stack

