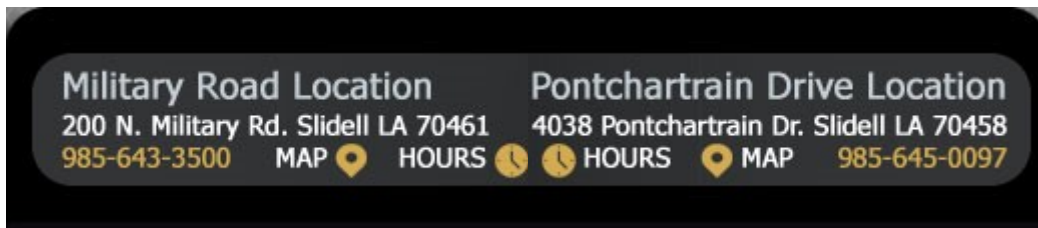




Our Mission...

Cross Gates Athletic Club will provide a safe, fun environment in which members can obtain their fitness and recreational goals, no matter their age or physical condition. Furthermore, we pledge to emphasize value, not price, with exceptional service, creating for each member a unique and uplifting experience.



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