

### ***Clarke Middle School Physical Education Policies/Contract***

To ensure a safe, healthy and positive learning environment the following guidelines will apply to all students.

#### **Preparation Expectations- Daily Dress Code:**

1. All students must change into "proper PE attire" every PE class. Proper PE attire consists of shorts and/or sweatpants, T-shirt and/or sweatshirt, **(clothes other than those worn to school that day)**, socks and sneakers. Be prepared for cold weather. Students wearing clothing deemed inappropriate for class activities will be asked to change.
2. All students are expected to arrive promptly and change into their PE clothes in a reasonable amount of time.
3. For safety reasons the following will not be permitted during PE: food, candy, gum, hats (inside), rings, earrings (except studs), neck wear, bracelets, watches, stocking feet, bare feet or footwear that is inappropriate or dangerous.

#### **Participation Expectations:**

1. All students are expected to try their best, follow directions and be properly involved in class activities for the entire class period.
2. All students are expected to display a positive attitude and good sportsmanship. This includes proper use of language, respecting the feelings and safety of themselves, their classmates and the instructors.
3. All students will be evaluated on their ability to perform related activity skills.
4. Student/Athletes who do not participate in PE class will not be allowed to participate in school sponsored athletics that day.

#### **Medical Information:**

1. Students present in school but do not participate in PE class will be required to make-up the class after school on the designated PE make-up day. This includes lack of proper PE attire, notes from home, illnesses that occur during the day.
2. Any injury or illness requiring more than 2 consecutive days requires a medical note from a doctor stating the reason and expected length of absence. NO make-up is required with a written note from a medical doctor.
3. All notes, parental and medical, should be given to the school nurse before school.
4. Students requiring the use of inhalers, epipens or other medical devices are reminded to bring them to every class.

**Grading Policy:** Every student will receive a daily grade, maximum of 10 points, based on preparation and participation. The following guidelines will be used:

0-2 points = Preparation (proper attire, on time, no jewelry, gum, hats etc.)

0-2 points = Attitude (negative, positive, extremely positive)

0-2 points = Effort (minimal, good, very good)

0-2 points = Judgment Does the student think before he/she acts? Do they demonstrate personal and peer safety as well as the proper use of equipment?

0-1 points = Skill Do they show proficiency in the related skill?

0-1 points = Outstanding effort and sportsmanship is demonstrated

10 points = Daily Total

\*\* Students who do not have proper PE attire but do have proper footwear may participate, but can only receive a maximum of 5 points. The additional points may be earned by attending an after school make up class.

\*\* Students not dressed in appropriate PE attire and who do not participate in class are responsible for making up the class after school on the designated PE make up day(s). Classes not made up will result in a zero.

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**Student Signature**

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**Parent Signature**

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**Print Student Name**

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**Date**