

# LAKEVIEW CROSS COUNTRY

## Invitational

When: Saturday, September 18, 2010

Where: Lakeview Cross Country course is located at Riverside Elementary School, on Riverside Road.

Race Times:	9:00	6 <sup>th</sup> grade boys' and girls' (approx. 1.6 miles)
	9:20/9:40ish	7 <sup>th</sup> & 8 <sup>th</sup> grade boys' and girls' (approx. 1.6 miles)
	10:00	Boys Varsity
	10:30	Girls Varsity
	11:00	Junior Varsity (boys)
	11:35	Junior Varsity (girls)
	12:15	Awards Presentation

Awards: **Varsity Race** - Medals top 30 Finishers  
\*The top freshmen in both varsity races will receive a plaque.  
Trophies to the top 2 teams in each division. (2 divisions)  
**J.V. Race** - Medals top 20 Finishers

There will be a **concession stand** open the day of the meet.  
**Performance shirts** will be available for purchase, price to be determined.

### Meet Information:

1. Your entries are due no later than **Mon., September 13, 2010**. Please go onto **Athletic.net** website to enter your athletes into the race, enter all of your male athletes into the men's race and all of your female athletes into the women's race. Run your top 7 runners in the varsity race and the rest will run in the jr. varsity race. We will separate them in the computer when scoring.
2. If you have not created an Athletic.net account it is free and you will have to create one for regionals at the end of the season, so why not start to get familiar with it now? If you need help go to **Michigancrosscountry.com** click on the MHSAA regional entry information to see videos and help with setting up an account.

Send Questions to: Meet Manager

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