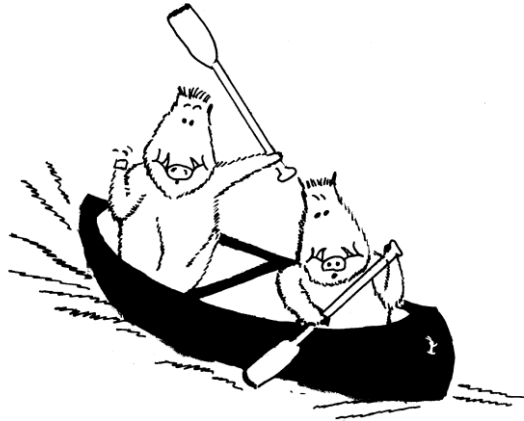


CANOEING BIG BEND

The Most Wonderful Winterim Ever!



2012 Canoeing Big Bend Winterim – Important Details Check List (Post on and ✓)



___ Meet with either Cathy Bailey or Dan Shaw and review trip program. Attending the 5:30PM 24 January meeting in S-2 in the upper school science building takes care of this obligation



___ Sign the Desert Sports Release forms (Done at 25 Jan meeting)



___ By Wednesday **1 February 2012** pay balance due of trip fee to business office



___ By Friday **3 February** Complete Big Bend Winterim Emergency Information and Permission Form (yellow form) and return it to Karen Sanchez in office



___ Packed compactly and according to the Canoeing Big Bend - Equipment List



___ **Friday 2 March** deliver all gear except for a personal daypack to School



___ **Saturday 3 March** Student medications with written directions to Dan Shaw



___ On **Saturday 3 March arrive at School by 7:00 AM**. We leave by 7:30 AM



___ **Friday 9 March** Pick up student on **between 3 and 4 PM**

QUESTIONS OR PROBLEMS? Do not hesitate to ask even small questions.
Dan Shaw & Cathy Bailey at School 898-6388

BOSQUE WINTERIM - CANOEING THE BIG BEND - TRIP DETAILS

PROGRAM

CANOEING: This adventure will focus on the Rio Grande as it defines the boundary between Mexico and the United States. Our trip will have many aspects, but its primary one will be canoeing. We will spend five days and four nights canoeing Boquillas Canyon. This will be a totally self-supporting canoe trip. We will carry in our canoes all of the food, drinking water, and gear that we will need for our little expedition.

Although previous canoeing skills are helpful, someone who is new to canoeing can successfully complete the trip. We will spend time at the front end of the trip becoming familiar with canoeing and how to safely be on the river. Although there are small riffles and rapids, there are no large ones. This trip is well suited for beginners. There are no guarantees about who will ride in which canoe. Canoeing partners will vary and be assigned based on overall trip, group, and safety needs.

Even experienced canoeists can tip over. As such, we will review how to pack gear for such possibilities and we will train all trip members on what to do if they do tip over. Big Bend in mid-March is generally warm (it is further south in latitude than New Orleans) so getting wet is not too miserable. In fact, we will probably swim in the river most days.

FIELD ECOLOGY AND HIKING: We will only spend part of each day on the river and in our boats. We will also take advantage of the opportunity to explore the ecology of the northern Chihuahuan desert. Students will maintain field journals. They will also conduct various explorations of the flora, fauna, and ecosystems we visit. Some of that will be done right in our campsites and along the river. At other times we will hike out into the desert. As such students will need sturdy walking shoes (tennis shoes or sneakers will be fine, flip flops are not acceptable)

FUN AND ADVENTURE. We will also have plenty of time to just have fun. Evening campfires, games, and general adventure will all be part of our trip. Of course we will respect the wilderness nature of Big Bend, so we will leave personal electronic devices behind, but we will create our own delightful time while we keep the wild in wilderness.

FOOD AND LODGING

TO AND FROM BIG BEND: We will stay at the Holiday Inn Express in Alpine, Texas on Saturday the 3rd of March and Comfort Suites motel in El Paso, Texas on Thursday the 8th of March. While we travel to and from Big Bend we will either eat in moderately priced restaurants or have picnic style meals. All meals are included in the cost of the trip.

WHILE AT BIG BEND: We will camp in tents provided by our outfitter, Desert Sports. The only showers will be after we come off the river. Desert Sports will provide the food, but we will do our own cooking. All students will help with meal preparation, clean up, and other community living tasks.

TRIP LEADERS

Bosque School teachers Cathy Bailey and Dan Shaw will lead the trip. Ms. Bailey is a graduate of the National Outdoor Leadership School and worked for many years as a certified lifeguard, swim coach, and water safety instructor. Mr. Shaw is a licensed Emergency Medical Technician (EMT) and has certification as a swiftwater rescue technician. Both teachers have led many trips to Big Bend National Park and both have canoed this section of river before. Two wilderness guides from our outfitter, Desert Sports, will take primary responsibility for our trip logistics while we are on the river.

PERSONAL EQUIPMENT

A personal equipment list is provided. All equipment should be brought to school on Friday 2nd of March and stored in M2 in the Middle School building. We will make sure that everyone has everything they need at that time. We will store the personal equipment at school until the following morning.

ARRIVAL AND DEPARTURE

Students should arrive at school by 7:00 AM on Saturday 3 March and be ready to leave at 7:30 AM.

Our plan is to arrive at school between 3 and 4 PM on Friday 9 March. Students should be picked up by 4 PM.

CANOEING BIG BEND - EQUIPMENT LIST

General Guidelines:

Space is very limited so please try to limit how much you pack

Once we get to the outfitter, they will provide dry bags. Dry bags are water proof duffle bags. Even so, they sometimes can leak, so it is important to pack things in ziplock bags to provide an extra amount of protection. (Gallon sized bags are good, but the larger ones will work best). Poof the air out of all bags, and then put the gear into a gym bag, small duffle bag, or other soft piece of luggage.

Pack a small bag of change of clothing and shower items for when we come off the river

Only bring things that you won't mind if they get wet, dirty, or lost.

If you are unsure of what to bring or how to pack it please see either Ms. Bailey or Mr. Shaw

Packing List

Sleeping

- ___ Sleeping Bag (See Ms. Bailey if you need to borrow one)
- ___ Foam pad (not one that will act like a sponge) for sleeping (See Ms. Bailey if you need to borrow one)
- ___ Pillow (Very Small)

Personal clothing and gear

- ___ Sunglasses/Eyewear
- ___ Sunscreen
- ___ Water bottle with tight fitting lid, at least one quart capacity
- ___ Pair of shoes for river (think wet and muddy). Must attach to the foot. No flip flops
- ___ Pair of shoes for camp and hiking. (Tennis shoes work fine)
- ___ Pajamas or Sweat suit for sleeping
- ___ Hot weather clothing (Shorts/T-Shirts)
- ___ Cold weather clothing (long pants, long shirts, sweater/sweat shirt, hat, gloves, warm jacket)
- ___ Swimsuit (modest)
- ___ Extra changes of underwear and socks
- ___ Toothbrush, toothpaste, brush, other toiletries etc.
- ___ Towel (Medium sized)
- ___ A few extra heavy duty trash bags
- ___ A few extra ziplock bags
- ___ Flashlight and extra batteries
- ___ Day pack or fanny pack
- ___ Rain gear
- ___ Hat with a brim
- ___ Pencils/pens

Optional List

- ___ Camera and film
- ___ Binoculars
- ___ Book
- ___ Spending money (Do not bring more than you are willing to lose, but \$10 would be fine. There are no stores on the river! However, some Mexican children may be selling home made trinkets for a few dollars each before we enter the canyon on Sunday). We do stop at gas stations for fuel, but other than that, there is no shopping

Medications

All medications must be clearly labeled and given with written directions for their use to Mr. Shaw.

What to Leave at Home

No knives or electronic gadgets. You can bring tapes or DVDs, CDs to listen to in the van, but they need to be consistent with the aims and ideals of the school. No gum or candy. School rules are trip rules.

WINTERIM 2012 UPDATED – BOSQUE SCHOOL
Emergency Information/Permission Form For Extended Field Trips

Program Leaders: Cathy Bailey and Dan Shaw - Canoeing Big Bend

Student Name: _____

Birth date: _____ Height: _____ Weight: _____

Student Home Address: _____

Parent 1's name: _____ At home during winterim YES or NO

Parent 2's name: _____ At home during winterim YES or NO

Parent's home phone #: _____ Work #: _____ Other #: _____

Parent's home phone #: _____ Work #: _____ Other #: _____

If parents will not be locally available during winterim, where will they be, and how can we contact them?

In case of, illness or injury, and inability to contact parents, the school is authorized to notify:

Name: _____ Home phone: _____

Relationship to student: _____ Work phone: _____ Cell: _____

Physician: _____ Phone: _____ Address: _____

Dentist: _____ Phone: _____ Address: _____

Insurance (Bosque School requires proof of insurance for students involved in field trips)

Insurance Co.: _____ Policy #: _____

My child has the following health condition (for example, diabetes, ADD, asthma, seizures, etc.)

My child has these allergies (food, insect bites, pollen, medication, etc.) _____

Other health related issues: _____

Is your child presently taking, or will you send your child on this trip with any medications including over the counter medications? _____ If yes, which medications: _____ Attach dosage instructions and discuss the situation with a Bosque School trip leader. {Trip leaders will have common over-the-counter medications available such as ibuprofen (Advil®), acetaminophen (Tylenol®)}

Does your child have any mandatory diet restrictions (if yes please specify) : _____

Are there any other food, diet, or related concerns? _____

Do you have any other concerns you would like to relay to the trip leaders? _____

The information I (we) have provided is both complete and truthful.

Parent/Guardian: _____ Date _____

RETURN THIS FORM TO KAREN SANCHEZ BY FRIDAY 3 FEBRUARY 2012

TRIP DETAILS, CONSENT, AND AGREEMENT TO ABIDE BY TRIP RULES

Trip: Canoeing Big Bend. This school sponsored trip will take place from Saturday 3 March 2012 through Friday 9 March 2021. Students will travel in rented or school vehicles. There will be no more than seven students for every teacher/adult. Students will be camping in tents along the Rio Grande in the Big Bend National Park area. And on the way to and from Big Bend National Park will be sleeping in either motels or dorm style lodging. Trip leaders reserve the right to make modifications to the itinerary because of weather conditions, closure, or other unforeseen circumstance. **At all times, students will be expected to: follow trip rules; exercise restraint, responsibility, and respect as described in the student handbook; and conduct themselves in a way that honors Bosque School. Winterim is a school program, and all rules and guidelines regarding student behavior, as stated in the Student Handbook, apply.** Violations of these guidelines will not be tolerated. Gross violations of these may lead to a student’s removal from the program and further disciplinary action on campus. For the safety and well-being of the student, and/or the group, **the trip leaders reserve the right to arrange for the early return of a student at the parent(s)/guardian(s) expense.**

The program includes but is not limited to: canoeing, wading, and possibly falling into the Rio Grande river, hiking, working with and handling non-poisonous arthropods, lizards and other small animals; participating in service projects; field conditions and camping where students may experience extreme weather conditions including but not limited to snow and heat; and working along and in shallow portions of streams and rivers. All students will receive proper instruction and safety equipment from a qualified leader prior to engaging in the above described activities.

I (we), parent(s) /guardian(s) and student, are aware that this trip takes place in a remote, wilderness area, where help could be several days away. As such, we understand that following safety procedures and trip rules is of the utmost importance. Even so, no activity is risk free, and we understand that in the event of injury or illness, definitive medical care may be delayed and I authorize the trip leaders to provide reasonable emergency wilderness first aid and treatment and will hold harmless said trip leaders who act in good faith.

Furthermore I understand that the canoeing portion of the trip is being co-led by Desert Sports of Terlingua Texas and that I voluntarily applied on behalf of my child that he/she can participate in this program and I have signed a release of liability and assumption of all risks document provided by Desert Sports.

I (we), parent(s) /guardian(s) and student, are aware that preparation for and participation in field studies and camping trips involves many risks of injury to the student. I (we) understand and acknowledge the danger of these injuries as inherent in field studies and camping trips. I (we), parent(s) /guardian(s), agree to release and hold harmless Bosque School Administrators, faculty, and chaperones from any and all liability, loss, damages, claims, or actions for bodily injury and/or property damage arising out of participation in this program, in accordance with current state and federal laws. I (we), parent(s) /guardian(s) and student, have completely read, fully understand, and voluntarily accept and agree to all of the above terms and conditions. I hereby give my consent for my child to participate in the above described Bosque School winterim event, field and camping trip.

Parent/Guardian: _____ Date _____

Student: _____ Date _____

AUTHORIZATION FOR MEDICAL SERVICES

I (we) request that I (we) be contacted within a reasonable time in the event of illness or injury requiring medical services. In the event I (we) cannot be reached, I (we) parent(s) /guardian(s), hereby designate appropriate school personnel, medical staff, or other officials to act in my/our behalf to authorize such hospitalization, medical attention and surgery as may be required in an emergency while participating in school sponsored activities. In the event I (we) cannot be reached and the situation calls for medical attention, I (We) recognize and relinquish my/our responsibility to a practicing physician and/or medical personnel acting in the best interest of my/our child. I (We) assume financial responsibility for such services. I (We) recognize Bosque School faculty as temporary guardians for my (our) child from 3-9 March 2012.

Parent/Guardian: _____ Date _____

Parent/Guardian: _____ Date _____