

Dear Parents and Guardians,

October menus are up on the website. Sorry for the late notice but I need your orders as soon as possible. Envelopes are due by Friday, September 23rd. Each child will need 2 envelopes, the first one should start with 10/3 and 10/10. The second envelope will be labeled 10/17 and 10/24. Only 5<sup>th</sup> - 8<sup>th</sup> grade should order on October 21<sup>st</sup>. There is no school on October 27<sup>th</sup>. If you would like to order ahead for milk you can send that in at any time, no deadline. We offer chocolate, white and strawberry, all 1%. We also offer Skim and Lactose Free (please let me know if you would like this option as I have to special order).

***I am starting something new this year. I will take last minute orders as long as I get an email by 10am of the serve day. Let's call it an "OOPS" for parents. If you find yourselves in a situation where you forgot to get bread or lunch meat and need lunch for your child I will put them on for hot lunch as long as I receive the email by 10am. You can pay that day or add it onto the next month.***

I have heard a lot of parents who are asking about the nutritional value of our lunches. All of our chicken nuggets, tenders and patties have whole grain breading. If you have any questions about the nutritional value of any of our meals you can get that information by calling NDS at 215-895-3470 and asking for Jean Falk.

Any questions or problems please send in a note or email me.

Thank you.

Peggy Yerger, Lunch Room Manager

Blessed Teresa School

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