

Lesson Plan

Course Title: Cosmetology I

Session Title: 45° Haircut

Performance Objective:

Upon completion of this assignment, the student will be able to correctly cut a 45° haircut according to guidelines established by the Texas Cosmetology Commission.

Specific Objectives:

1. Define terms associated with the lesson.
2. Demonstrate proper handling of equipment.
3. Demonstrate the 45° angle on the head.
4. Review proper parting and correct clamping.
5. Demonstrate sub-sectioning.
6. Demonstrate ½" vertical partings from perimeter.
7. Demonstrate checking the haircut.
8. Complete all sanitation procedures for a haircut.

Preparation

TEKS Correlations:

This lesson, as published, correlates to the following TEKS. Any changes/alterations to the activities may result in the elimination of any or all of the TEKS listed.

- **125.112(c)(1)(C)**
identify employers' expectations and appropriate work habits
- **125.112(c)(1)(E)**
demonstrate knowledge of the concepts and skills related to health and safety in the workplace, as specified by appropriate government regulations
- **125.112(c)(3)**
know the concepts and skills that form the core knowledge of cosmetology; demonstrate knowledge of the rules and regulations established by the Texas Cosmetology Commission
- **125.112(c)(4)(A)**
safely use tools, materials, and equipment commonly employed in the field of cosmetology services

Interdisciplinary Correlations:

This lesson, as published, correlates to the following TEKS. Any changes/alterations to the activities may result in the elimination of any or all of the TEKS listed.

110.xx(6) - Reading/vocabulary development

- **110.xx(6)(A)**
...expand vocabulary through wide reading, listening, and discussing...

- **110.xx(6)(B)**
...rely on context to determine meanings of words and phrases such as figurative language, idioms, multiple meaning of words, and technical vocabulary...

Instructor/Trainer

References: Texas Cosmetology Commission Practical Exam Guide, Milady's Standard Textbook of Cosmetology

Instructional Aids:

1. 45° Haircut PowerPoint Presentation
2. 45° Haircut PowerPoint Slides
3. 45° Haircut PowerPoint Handout
4. 45° Haircut PowerPoint Notes Pages
5. Grading rubric
6. Headform handout
7. Manikin & stand
8. Jaw clamps
9. Haircutting comb
10. Shears
11. Water bottle

Materials Needed: Paper, diskette to hold PPT

Equipment Needed: WebTV or projector to run PPT

Learner:

The student will provide their manikin, stand, jaw clamps, hairstyling comb, water bottle, shears and pen

Introduction

Introduction (LSI Quadrant I):

SAY: Now that you've mastered the 0° haircut, let's move onto another cut, the 45°. This haircut provides layers around the bottom and is used frequently on longer hair. This haircut requires use of both the 0° and the 45°. Remember- All haircuts begin with a 0° to establish the guideline.

Outline

Outline (LSI Quadrant II):

Note: Instructor can use the PPT slides while demonstrating each step for the students. Give students headform handout for personal note taking.

- I. Remind students of the proper method for holding the implements. {PPT #1-3}
 - A. Holding the shears.
 - B. Holding the comb.
 - C. Rotating comb while holding shears.
- II. Demonstrate the 45° angle on the head. {PPT #4}
- III. Remind students of proper parting and correct clamping {PPT #5}
 - A. Demonstrate vertical sectioning in standard 4 sections

- B. Point out the head angle MUST be perpendicular to the floor.
- C. Demonstrate how to secure each section with clamps without ends sticking out.
- IV. Demonstrate sub-sectioning. {PPT #6}
 - A. Demonstrate 1" perimeter parting from above the ears around the head.
 - B. DO NOT establish a perimeter guideline in the bang area as the state exam requires no bangs.
- V. Demonstrate ½" vertical partings from perimeter. {PPT #7-8}
 - A. Remind students to always cut UP from the perimeter at a 45°.
- VI. Demonstrate checking the haircut. {PPT #9}
 - A. Remind students to check using the opposite method of cutting.
 - B. Remind students to bring hair forward to check bangs for balance.
- V. Remind students of sanitation upon completion of haircut
 - A. Explain when hair should be swept.
 - B. Describe where to deposit hair after being swept up.

Application

Guided Practice (LSI Quadrant III): Students will cut their manikin using the demonstration, PPT and handout notes for guidelines. The instructor will reteach as necessary.

Independent Practice (LSI Quadrant III): Students will practice cutting their manikins independently.

Summary

Review (LSI Quadrants I and IV): Q & A Session

Q: What angle is this haircut?

A: 45°

Q: What angle should the head be held?

A: *Perpendicular to the floor or 90°*

Q: How many sections are needed for this haircut?

A: 4

Q: What size are the sub-sections?

A: ½"

Q: What direction are sub-sections parted?

A: *Vertical*

Q: What angle is the perimeter cut?

A: 0°

Q: At what angle is the hair cut?

A: 45°

Q: When should the hair be swept?

A: *Immediately after the cut.*

Q: Where does hair belong once it has been swept up?

A: *In a covered trash receptacle.*

Evaluation

Informal Assessment (LSI Quadrant III): The instructor should monitor student performance throughout the haircut. Provide reteaching as needed.

Formal Assessment (LSI Quadrant III, IV): Using the grading rubric, haircuts on manikins will be graded by the instructor.

Extension/Enrichment (LSI Quadrant IV): Students will be able to practice this haircut on customers during customer lab days. This haircut should be performed and timed frequently to prepare students for the state exam.