

Healthy Recipe Contest!

Back by popular demand: the Wellness Committee is sponsoring a healthy recipe contest this month!

Please share your favorite healthy recipe with us and we will choose two winning recipes, which will be published in the May newsletter and the winners will receive a gift certificate to Richards Whole Foods!

Entries are due **April 22nd** so let's get cooking! We can't wait to see what you have to share!

If you have any questions, please contact Andrea Conway-Thogmartin at speechpath65@yahoo.com or Michele Kelley at 727 785-1172.



CWE HATCHLINGS

If you have a pre-k through second grade student, please join us **Tuesday, April 26th**, for our next CWE Hatchlings event! The First Grader Teachers have a great night planned to celebrate reading with our younger students!



CWE Hatchlings is our reading program that encourages family reading through teacher-led family activities such as group reading, readers' theater, crafts and snacks. Please make plans to join us for this wonderful celebration!

If you have any questions, please contact Stephanie Ressler at 727 686-2099. We hope to see you there!

CWE ROCKS!

The Parent/Daughter Dance as well as Family Fun Night were huge successes, thanks to our community partners, volunteers and staff at CWE!

For the Parent/Daughter Dance, thank you PTA for planning and organizing the event. For our volunteers: your time and talent is greatly appreciated. For our sponsor, **Astroskate and Fun Center**, thanks for providing skating passes. Thank you to **Marianne's Kitchen**, **Big City Productions**, and **Kathy Johnson** for providing photography of the night. Your work was excellent and your discounts helped us stick to our budget. And a big thank you to our parents and students: your participation and costumes were awesome!

For more rockin' memories visit KathyJohnsonphotography.blogspot.com/ Just click on "events," see the gallery for the dance and order more prints today!

Thanks also to **Maria Meola**, for organizing this great event!

For Family Fun Night, we would like to thank all our amazing volunteers who made the night a success! We would like to especially thank our teachers and staff who donated their time and talents that night. Thank you to the room parents who organized the great baskets for silent auction. A special shout out goes to **Quinn Williams** for braving the dunk tank in the cool weather!

Thanks to **Dee Nasr** for organizing this great night that earned PTA money to put back into our school.



YMCA HEALTHY KIDS DAY

Healthy Kids Day is the nation's largest health day, bringing children and families together and providing the education, activities and experiences that teach good health and foster connections through fitness, sports, fun, healthy habits and shared interests. As a result, youth and families achieve greater health and well-being for their spirit, mind and body.

Join us 10am-3pm, Saturday, April 16th, for this fun event for the whole family. Activities are open to all. For more information, visit www.suncoastymca.org or call 727-772-9622 for details and registration information.

We are also in need of volunteers for this event as well as sponsors. Please contact Mike Hlady at the North Pinellas YMCA (727 772-9622) if you are interested in being a volunteer or want to be a sponsor for this event.

RECIPE CONTEST

Congratulations to **Andrea Palma**, the third winner of our recipe contest! Here is her winning recipe!

Avocado and Corn Salsa

3-4 ears of corned, husked
 2 firm, but ripe small avocados (or one large Florida avocado) coarsely diced
 1 red onion, finely diced
 1 red bell pepper, seeded and finely diced
 1 tbsp olive oil
 1/3 cup red wine vinegar
 1/4 cup lime juice
 1 tbsp minced garlic
 1 tbsp ground cumin
 1 tsp red pepper flakes
 1 tsp oregano or 1/3 cup chopped oregano
 salt and pepper to taste

*blanch corn in boiling water for 3 minutes, drain and cool under cool water and cut kernels from cob. Canned or frozen corn will not do well for this recipe.

-add all ingredients to bowl, except avocado. Mix well. Now add avocado and carefully mix again. (so it doesn't mush)

Serve with tortillas, wheat thins or triskets

Congratulations Andrea and enjoy your gift card! Keep up the healthy cooking!

CHICK-FIL-A SPIRIT DAY

Our next Chick-fil-A date is on Thursday, **April 14th**. A flier will be coming home that week so please bring the flier to Chick-fil-A with you on that day any time between 6:30am—10:00pm. 20% of all proceeds will be donated directly back to CWE.

So have some chicken and support your school. There will be the ever-popular prize wheel, too! See you Thursday!



YEARBOOK

The final day to order your Cypress Woods Yearbook is **Monday, April 18th**. To order, go to www.ybpay.com, click on the school locator and order your yearbook. Orders must be placed Monday, April 18th by midnight. A limited number of *soft cover books* will be available for sale at the end of the school year. Hard cover books are only available at this time. Reserve your copy today! and thank you for supporting our efforts to remain "green"...



Your PTA Board

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President

Amy Dougherty
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APRIL EVENTS

Thursday, April 14th
Chick-fil-A Spirit Night

All day at Chick-fil-A in Oldsmar
Join us at the Chick-fil-A in Oldsmar for fun that earns the school money!

Wednesday, April 20th
PTA Board Meeting

2:00pm in the Media Center
Everyone is welcome to join and learn more about PTA!

Tuesday, April 26th
CWE Hatchlings

6:00-8:00pm in the Cafeteria
We invite all students pre-k through second grade and their parents to join the First Grade Teachers in celebrating reading!

Thursday, April 28th
Sunshine State Book Club

6:30pm in the Media Center
All third through fifth graders and their families and invited to join Mr. Jessie in discussing *Safe at Home*, our last book club of the year!

May 2nd-6th
Teacher Appreciation Week

Come join the PTA in celebrating our teachers and staff at CWE!