

MILDRED E. STRANG MIDDLE SCHOOL
HEALTH OFFICE PHONE: 243-8121/FAX 245-6438
ATTENDANCE AND EARLY DISMISSAL 243-8120

Dear Parents/ Guardians:

The importance of current emergency numbers must be stressed. More and more parents are away from home during the day and it is essential, for the protection of our students, to be able to reach someone in case of an emergency. Please complete and return the **EMERGENCY INFORMATION SHEET** in your mailed August packet by **Wednesday, September 2nd, the first day of school**. **If any of the information should change during the school year, please inform the Health Office immediately in writing.**

If your child is absent from school it is important for you to notify the Health Office . It is the policy of our school to call your home to determine the reason for an absence if we have not received a call from you by 7:30AM. You may leave a message on the answering machine or e-mail the attendance office bmusso@yorktown.org before the school day.

A note of explanation from a parent or guardian is also required when your child is absent from or late to school. Your child must report to the Health Office to sign in and receive a late pass to be admitted to class. A parental note is also required if your child must leave school early for any reason. The note must be brought to the Health Office by your child in the **morning**. You must meet your child in the Health Office and sign him/her out. Your child will not be permitted to leave school unless attended by a parent or **authorized** individual on the emergency card.

If your child has an injury that requires assistance please contact the health office to speak to the nurse. All students should bring gym excuses to the nurse who will write a gym pass. Students are not permitted to use crutches or ambulatory assistive devices without authorization from a physician and contact with the school nurse.

There are several children in school with life threatening food allergies. To help minimize risk to these children **please remind your child to not share food brought from home with other students**. Life- threatening allergic reactions can occur from ingestion or contact with food allergens.

If your son/daughter requires medication during the school day, please submit a completed form, which can be obtained from the Mildred E Strang nurse web site (www.yorktown.org) or from the Health Office before medication is brought to school. **A new form must be filled out for each change of medication and renewed each school year**. Administration of medication during the school day is permitted only with written directions from the physician and parent. **[PLEASE NOTE: THIS INCLUDES ALL TYPES OF MEDICATION: OVER THE COUNTER DRUGS (ASPIRIN, TYLENOL, COUGH SYRUP) AS WELL AS PRESCRIPTION MEDICATION.]** The medication must be in the **original container, or a duplicate professionally labeled container by the pharmacist for this purpose**. Students are at **no time** allowed to carry medication of any kind on their person or to take medication without official written direction or to take medication without supervision unless arrangements are made with the school nurse. Students **are** permitted to carry and self-administer metered dose inhalers with the permission of their physician, parent/guardian, and submission of written permission to the nurse.

As you are aware, the New York State Law requires **a mandated physical examination with a BMI screening for grade 7**. New York state has also requested a dental health certificate . Please send in a copy of a current physical examination report, **dated after September 2, 2008** to MESMS Health Office by October 1st. **If no report has been received by October 1st, your child will be scheduled for a thorough physical examination by Dr. Deanna Sandor, the School Physician**. All students in grade 7 will be screened for vision and hearing. In grade 6 and grade 8 this screening will be done only if there is a concern with vision or hearing. Students in all grades are screened for scoliosis each new school year. Parents will be informed of any abnormal findings.

Please **look for updates** under "Nurse" on the "Middle School" website located on www.yorktown.org . On this site are health updates, physical information, Modified Sports information, helpful health links , and requested printable forms.

I am grateful for your cooperation and look forward to working with you to make your child's school year a very positive experience. Please feel free to email me lepstein@yorktown.org if you have any questions or concerns.

Sincerely,

Lisa Epstein RN, MSN
School Nurse
Mildred E. Strang Middle School