

## SFds Middle School Students Attend Archdiocesan Peacemakers

On November 7<sup>th</sup>, twenty SFds middle school students attended “Peacemakers,” an annual Archdiocesan program that explores problems affecting junior high youth. This year’s topics dealt with self image, understanding people with special needs, and drug and alcohol issues. The six hour conference included activities and discussions designed to help students understand the Catholic response to all these concerns. One of the students’ favorite activities involved blowing up a balloon until it popped, demonstrating what it feels like when stress becomes overwhelming. During the afternoon, students also participated in activities designed for the youth to experience some of the challenges faced by those with disabilities. By the end of the day, the middle school students had learned important tools to help them cope with self image, social, and peer-pressure issues.

