

SFds 1ST SCHOOL-WIDE RETREAT SUCCESSFUL

On September 25th, St. Francis de Sales held its first semi-annual school-wide retreat. This year's theme was "*We are many parts, We are all one body.*" The day began with Mass followed by breakout groups based on grade levels. Younger students met in their classrooms and discussed the talents that God has given them and how they use their senses to help others.

The middle school students assembled in the school gymnasium. Activities included an ice breaker game called Bear, Karate, Hunter and a skit demonstrating that body parts cannot function alone but must work together. Finally, groups were given a sketch of a body and asked to identify various parts of the body and explain how each part is used to serve God. Everyone enjoyed a spiritual and faith filled day. The next retreat will be held during Lent.

